

RETURN TO PLAY STAGE GUIDELINES

	REGIONAL HEALTH MANDATE	TRAINING	TEAM ACTIVITIES	COMPETITION	INSURANCE
STAGE ONE	STAY AT HOME	<ul style="list-style-type: none"> At home individual training Participant should be symptom free before engaging in training activities Use of personal equipment Rigorously clean and disinfect home training area. 	<ul style="list-style-type: none"> All communication and interaction done via virtual method 	<ul style="list-style-type: none"> No inter-squad competition or intra-squad scrimmage. 	<ul style="list-style-type: none"> Accident and Liability Insurance claims <u>not</u> accepted
STAGE TWO	STAY AT HOME LIFTED SOCIAL DISTANCING	<ul style="list-style-type: none"> Individual training at home or state approved outdoor locations Use of personal equipment Adhering to social distancing rules if not at home Coaching occurs virtually Rigorously clean and disinfect training area 	<ul style="list-style-type: none"> All communication and interaction done via virtual method 	<ul style="list-style-type: none"> No inter-squad competition or intra-squad scrimmage. 	<ul style="list-style-type: none"> Accident and Liability Insurance claims <u>not</u> accepted
STAGE THREE	SMALL GATHERINGS NON-CONTACT	<ul style="list-style-type: none"> Group size under local government approved amount Non-contact drills and activities No participation of players or coaches experiencing symptoms within previous 14-days Temperature check all participants on arrival must register lower than 99.6 F Coaches and Admin wear masks. 	<ul style="list-style-type: none"> All communication and interaction done via virtual method or at distance of 6ft All on site, continue to adhere to social distancing wearing masks. 	<ul style="list-style-type: none"> No inter-squad competition Non-contact intra-squad scrimmage permitted. 	<ul style="list-style-type: none"> Accident and Liability Insurance claims accepted
STAGE FOUR	MID-LARGE GATHERINGS OPEN PUBLIC FACILITIES LIMITED CONTACT	<ul style="list-style-type: none"> Group size under local government and facility approved amount Limited contact drills No participation of players or coaches experiencing symptoms within previous 14-days. Temperature check all participants on arrival, must register lower than 99.6 F Rigorous cleaning of communal equipment Coaches and Admin wear masks. 	<ul style="list-style-type: none"> Team meetings and gatherings under local government approved amount. All on site, continue to adhere to social distancing wearing masks. 	<ul style="list-style-type: none"> Limited contact inter-squad friendlies or competition permitted. Limited contact intra-squad scrimmage permitted No scrum, ruck, mauls or lifting lineouts. Touch rugby suggested. 	<ul style="list-style-type: none"> Accident and Liability Insurance claims accepted.
STAGE FIVE	NORMAL SOCIAL ACTIVITIES FULL TRAINING & COMPETITION	<ul style="list-style-type: none"> Traditional training and contact protocol Continue rigorous cleaning of communal equipment 	<ul style="list-style-type: none"> Traditional team gathering protocol Continue rigorous cleaning of communal equipment 	<ul style="list-style-type: none"> Full sanctioned competition permitted with permission from local rugby organization. Fan and crowd attendance permitted with permission from local health officials. Continue rigorous cleaning of communal equipment 	<ul style="list-style-type: none"> Accident and Liability Insurance claims accepted.