

Florida Rugby Union & Florida Youth Rugby Union
COVID 19 Updated Policy
January 2022

Player Tests Positive

- Symptomatic - If a player tests positive for COVID-19 they cannot return to any rugby activities until 10 days after they started showing symptoms.
- Asymptomatic- A player may return earlier than 10 days if they are vaccinated, not showing symptoms, and test negative (antigen or PCR) after the 5th day from the previous test. If a player tests positive on the 5th day they cannot return until after the 10th day. This is in line with the latest [CDC guidelines on quarantining](#). If the CDC guidelines change then our policies will be updated.
- COVID-19 positive players must inform their club when they test positive

A Positive Player involved in a club event (Practice, Match, Social & Travel)

- Clubs do not need to cancel rugby activities if a COVID-positive player participated in a recent club event.
- The club must inform all participants within the given event that a player tested positive. It is recommended that all participants monitor their symptoms for the next 3 to 5 days. If participants were in [close contact](#) (indoors for a cumulative total of 15 minutes or more over a 24-hour period). In rugby, this is most likely to happen at a social, carpooling/driving together, or at a meeting.
- If a club has more than three or more confirmed COVID-19 positive cases before a match they **may** reschedule their league match. If both clubs do not agree on a new reschedule date, the game will be recorded as a forfeit for the team that was unable to play on the originally scheduled date. If a division has a make-up round, the team may use that date to reschedule the COVID-19 delayed match. The only reason for a club to deny being able to play on the make-up weekend is if they already have a make-up game scheduled for that weekend.
- If a club has less than three COVID positive cases the game is recommended to be played as scheduled.
- Ideally, teams are able to communicate any reschedules/cancellations due to COVID issues before the Wednesday confirmation deadline. In the event that a positive cases comes to light later in the week (Thurs/Friday/Sat) clubs may reschedule but they could be asked to assist in covering some of the rescheduling costs (fields & referee fees).

Player Tracking

- It is recommended that clubs continue to track attendance for all events to allow for easier communication upon a positive case at their event
- It is also recommended that clubs communicate regularly with their players about not attending events if they are feeling symptomatic at all.

Local Guidelines

- If local cities, counties, and/or schools may have stricter guidelines than these, in that instance local guidelines take precedence over these guidelines. Clubs must be aware of their own local guidelines and requirements.

Further information from the CDC

- Quarantine & Isolation –
<https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html>
- Close Contact –
<https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html#contact>

Disclosure

The information contained within the guideline is not intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are changing constantly and, as such, The FRU and/or FYRU makes no representation and assumes no responsibility for the accuracy or completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions about your return to training and competition.